



**Bonnie Academy**  
534 W. Glenoaks Blvd.  
Glendale, CA  
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## Bonnie Academy Newsletter

### Summer Activities

#### Graduation

June has arrived. For many it is the beginning of summer, time to kick back and relax. Some people will go to vacations to far off lands, nature trips or just down time at home.

For us it is a different story. In actuality, it is an emotionally stress time. This time of the year we witness many of our children graduate and take another step closer to higher achievements in life. Many of our students have been attending our school when they were just beginning to talk or walk. We have witnessed them to become young boys and girls, who are able to read, write and learn mathematics. In the past years we have traveled the world; learn about new cultures, tasted different kinds of food, and many other good things.

The staff and administration would like to thank you the parents for giving us the opportunity for sharing the adventures of teaching and learning from your wonderful children. Being a teacher it is amazing to see how much you can learn from children. The most interesting thing is that each child is amazing on his / her own way and offers a different opportunity of learning and expanding imaginations.

To our students we would like to wish them best of luck, health and a successful life. Please do not stop learning, seek new adventures, listen to your parents and make all of us proud. Study hard in school, aim to achieve the highest goal and reach for the stars. We know that one day all of you will be honorable ambassadors in our society. We have hope and faith in you.

Our summer program starts on Monday, June 22. It will be full of fun and learning activities. The last day for the summer program will be Friday, September 4. As the summer hot days are upon us we are faced to come up with ideas of keeping our children occupied with indoor and outdoor activities. The big question is how to keep children's mind busy and keep them away from hours long of television. If this leaves you wondering how to beat the boredom blues, we have several ideas. If your dollars are stretched to the limit then have no fear, our ideas will cost you nothing extra.

#### 1. Trip to the Library

The library isn't just about books during the summer. The library has so much more to offer than just the traditional summer reading club. The library can offer fun activities for children of all ages; e.g. art classes, reading for adventure, music appreciation, introduction to the internet and other fun filled things. Your local library may have more to offer than ours because each locality has different interests.

#### 2. Plant a Garden

Take time to stop and smell the flowers. You may awaken a new interest in your child that they might have never known or even in yourself. If you don't have the room for a traditional garden in the backyard, try a container garden. The small container garden can be just as much fun. Your child will learn the basic concepts of horticulture either way. This could also help save money on your food bill and you will both be so proud of the accomplishment.

#### 3. Camping

Children of all ages like this idea. You can camp out in your back yard. If that is impossible, local parks and recreational centers have overnight camping programs. For example Griffith Park has nice camp grounds, which is very affordable, easy accessibility, and poses fun outdoor activities. Eat hot dog and make smores. It will be a memory maker for years to come.

#### 4. Have a Picnic

Children love going to picnics. It is easier than going on a camping trip, yet full of outdoor activities. Pack a picnic basket with sandwiches or have a grill going. The kids run around while you relax and read. Usually the local parks are safe from street traffic and secure for children.

#### 5. Swimming

Go to the local pool or better to the beach. We are so lucky to be

## Cont. - Summer Activities

living near the Pacific Ocean. Tourist travel from far away places to come and enjoy what we can have in 20 minutes, yet we do not take advantage of this leisure. Take the children to the beach and allow them to play in the sand. Make sand cakes, castles, dig up shells, take a nice long walk, and other good stuff. Just be careful from the ocean currents and other water activities. Please make sure that your child is safe.

We are positive that you may have some great ideas of your own, but please do not allow your child to be bored during the lazy days of the summer.

## Recipes - Shrimp Quesadilla

- 2 large ripe tomatoes, cut in half horizontally
  - 1/2 of a large red onion, cut into 1-inch-thick slices
  - 1 large jalapeño pepper (or more if your family likes a hotter salsa)
  - Canola oil for brushing
  - 1 pound large (28-count) raw shrimp, peeled and deveined
  - 1 to 1 1/2 tablespoons seasoning (such as Paul Prudhomme's Seafood Magic)
  - 4 large flour tortillas
  - 2 cups shredded Monterey Jack
  - 1/4 cup chopped fresh cilantro
  - 1/2 teaspoon salt
  - 1 tablespoon fresh lime juice
  - Sour cream and cilantro to garnish
1. Prepare a charcoal fire or heat a gas grill to medium-high, and oil the grates.
  2. Brush the tomato halves (cut and skin sides), onion slices, and jalapeño with canola oil. Thread the shrimp onto skewers, brush them with canola oil, and sprinkle on seafood seasoning.
  3. Grill the vegetables for 3 to 4 minutes per side or until they have blistered, then transfer them to a clean dish. Grill the shrimp until they have turned opaque and are firm to the touch, about 2 to 3 minutes per side. Remove the shrimp from the skewers.
  4. Place 2 tortillas on the grill and quickly top half of each with a quarter of the shrimp and a quarter of the cheese. Fold the tortillas in half and grill them until you have visible grill marks, flipping them once, about 2 minutes per side. Stack the quesadillas on top of one another so they will stay warm while you grill the second batch.
  5. Bring everything inside. Peel the tomatoes, and remove the seeds and white membrane from the jalapeño (parents only). Then chop all the vegetables and transfer them to a serving bowl. Stir in the cilantro, salt, and lime juice.
  6. Cut the quesadillas into wedges and serve them with the salsa, sour cream, and fresh sprigs of cilantro. Serves 4.

## This Month's Highlights

**6-14-09**

Flag Day

Continental Congress adopts the following: Resolved: that the flag of the United States be thirteen stripes, alternate red and white; that the union be thirteen stars, white in a blue field, representing a new constellation. (stars represent Delaware, Pennsylvania, New Jersey, Georgia, Connecticut, Massachusetts, Maryland, South Carolina, New Hampshire, Virginia, New York, North Carolina, and Rhode Island)"

**6-15-09**

Father's Day

The first Father's Day was observed on June 19, 1910 in Spokane, Washington. In 1924 President Calvin Coolidge supported the idea of a national Father's Day. In 1966 President Lyndon Johnson signed a presidential proclamation declaring the third Sunday of June as Father's Day.

## Reading Recommendations

**A Perfect Father's Day**

ISBN: 0395664160

**Father's Day**

ISBN: 0060513772

**It's Father's Day, Charlie Brown!**

ISBN: 0689868197

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For updates and other important information please visit our web page at: [www.bonnieacademy.com](http://www.bonnieacademy.com)

Monthly lunch menus are posted on the web page.

School closures are posted on our web page.

For questions and inquiries, please contact us at (818) 244 3241.