



Bonnie Academy

534 W. Glenoaks Blvd.
Glendale, CA

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Bonnie Academy Newsletter

Winter is Official Here

By Cindi Whitcomb

With the winter weather finally here, I would like to remind all of our families to send a jacket to school with their child every day. You may also need to check your child's change of clothing in their cubbies. Please put an extra sweater in with their change of clothes, so they will not be chilly if they do have an accident.

With the colder weather officially here, new opportunities are provided for learning. We will be learning about Martin Luther King Jr. this month, along with Winter Animals and Hibernation patterns. We will be continuing to work on our Phonics, Math, some Science and Geography thrown in for some fun!

If you pay attention you may just here your child talk about animals which sleep "hibernate" thru the winter and which ones do not. He / she may come home asking you where your family came from. It is fun for us to find out where all of our friends ancestors came from and mark it on the map. We will be learning about Martin Luther King Jr. and how he "Had a Dream"! This would be a great time to discuss with your child what their "dreams" for the future are. Don't be surprised at how smart your child is and what he / she may have planned for the future. After all we are "Developing Children for The Future"!

Take a Time Out for Yourself

By Joyce Martin

Now that the excitement of the holidays are over and you have done your best as a mother to make sure everyone has had the best Christmas you could have given them, it is time take care of yourself. When I say take care of yourself I do not mean go out and buy a very expensive pair of shoes or purse. What I am referring to is making sure you are eating healthy, getting enough rest, exercising, and taking vitamins.

As mothers we get caught up in making sure our family is fine and well. We have a tendency to put ourselves on the back burner. You need to remember that you can't take care of your family if you don't take care of yourself. If something does not feel quite right, speak up. See your doctor. The truth is that most doctors are only as good as the information you provide them with. You may not have a medical degree, but you are the ultimate expert on yourself.

In this New Year that is upon us I hope you have a happy, prosperous year and a sky full of fireworks on New Years Eve.



Ms. Cindi's Scented Play Dough

2 c. flour
1 c. salt
2 c. water
2Tbs oil
1 tsp. cream of tartar
4-6 drops food color of choice *
3-4 drops extract (scent of your choice) *

Combine all ingredients in a bowl, mixing together until completely blended with no dry lumps (will be a loose consistency). Cook in frying pan on low to medium heat. Dough should be cooked until it becomes solid and playable. Will look like the consistency of bread dough. Remove dough from pan and knead dough thoroughly. Store in airtight container.

*You may substitute on package of any flavor Kool-Aide for the food color and extract.

Two Sculptors

I dreamed I stood in a studio
And watched two sculptors there,
The clay they used was a young child's mind,
And they fashioned it with care.

One was a teacher, the tools she used
Were books, music and art.
One, a parent who worked with a guiding hand
And a gentle, loving heart.

Day after day the teacher
Toiled with a touch that was deft and sure,
While the parent labored by her side
And polished and smoothed it o'er.

And when at last their task was done,
They were proud of what they had wrought;
For the things that they had molded into the child
Could neither be sold nor bought.

And each agreed he would have failed
If he had worked alone,
For behind the teacher stood the school,
And behind the parent, the home.

Upcoming Events

Jan 1st New Years Day

Jan 18th National Winnie the Pooh Day

**Jan 19th Martin Luther King Jr. birthday
observed – School closed on January 19,
2009**

Jan 29th National Puzzle Day

January is National "Thank You" Month

January is National "Oatmeal" Month

Visit us at our Web Page

For updates and other important information
please visit our web page at:
www.bonnieacademy.com

Monthly lunch menus are posted on the web
page.

School closures are posted on our web page.

For questions and inquiries, please contact us
at (818) 244 3241.